In Our Schools

More than 16 million students are impacted by AHA. That's more than 1/3 of all schools.

13 million healthier school meals, including pre-school, are being served each day.

10 million kids participate in Jump Rope for Heart and Hoops for Heart.

19 states now require CPR training in high schools. This increases the annual number of lifesavers to 1 million.

Awareness Campaigns

September's Childhood Obesity Awareness campaign reaches over 113 million people each September.

Beverage Consumption

Our efforts help reduce drink calories by 90%.

YES, WE CAN DO MORE. BUT ONLY WITH YOUR HELP.

Kids are why. Life is why. You are how.